



LION LOWDOWN

Explore Boldly. Care Deeply. Impact Globally.

Kinesiology

The department of Kinesiology emphasizes quality teaching and academic advising to prepare future professionals to be successful at promoting healthy, active lifestyles in a global society.



Degree Options

- Exercise Science
- Food Science and Nutrition
- Physical Education K-12
- Sport Recreation Management

Certificates:

- Coaching
- Community Health
- Nutrition
- Rehabilitation Science

With smaller class sizes, a lower faculty-to-student ratio, immersive learning opportunities, and strong connections to local food industries, programs ensure tailored educational experiences.

Career Opportunities:

- Athletic Director
- Athletic Trainer *
- Cardiac Rehabilitation *
- Chiropractor *
- Collegiate and Professional Athletics
- Community Health and Wellness
- Food Chemist
- Food Product Development
- Food Production
- Food Sales and Service
- Food Technologist
- K-12 Physical Educator
- Occupational Therapist *
- Parks and Recreation
- Physical Therapist *
- Registered Dietitian Nutritionist *
- Sports Marketing and Promotion
- Sports / Recreation Event Planning
- Sports / Recreation Facility Management
- Strength and Conditioning Coach *

*Several career options require additional schooling and/or certifications.



“The most rewarding part was seeing patients progress and being motivated to come to physical therapy and return to their prior state. As a therapist, it's fulfilling when your patients discharge and feel like a new person.”

-Hayden Kisling, 2024 Graduate



This is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.

Missouri TTY User: 711 for Relay Missouri Services